

COLDWATER INDIAN BAND

NEWSLETTER

DECEMBER 2024



Vacant

Band Administrator

Ron Aljam

Public Works/Fire Chief

Dale August

Executive Assistant

Cynthia Jager

Social Services Coordinator

Velma Collins

Social Services Clerk

Indian Register Administrator

Marjory Moyes

Finance Coordinator

Vivian Steinhauer

Finance Officer

Faye Aljam

Finance Clerk

Donald Kraus

Housing Coordinator/Taxation

Stephanie Archie

Education Coordinator

Kris Oppenheim

Lands, Wills and Estates

Vacant

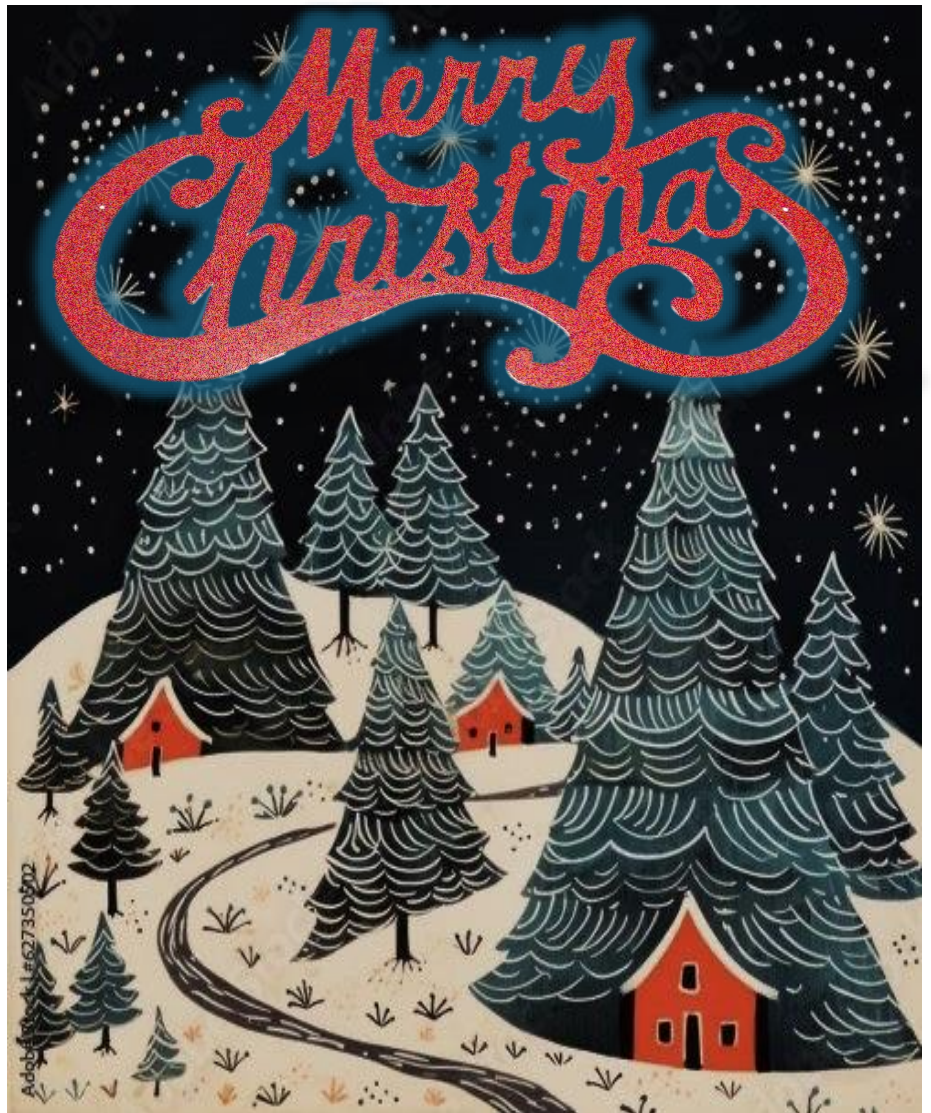
Economic Development Coordinator

Ani Rainville

Receptionist

Jennifer Andrew | Crystal Andrew

Adult in Home Care



P.O. Box 4600, Merritt, B.C., V1K 1B8

Coldwater Band Office

2249 Quilchena Avenue, Merritt BC

Phone: (250)-378-6174

Fax: (250) 378-5351

Toll Free: 1-877-378-6174

Coldwater Administration Office

#301-230th Street Coldwater Reserve

Phone: (250) -378-6174

Fax: (250)-378--6153



MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture and to utilize and preserve all our resources for now and future generations.

Chief and Council Meetings
General Band Meetings
2024-2025 Fiscal Year

Chief & Council Meeting	Virtual General Band Meetings Coldwater Band Hall
April 10, 2024	April 18, 2024
April 24, 2024	
May 8, 2024	May 16, 2024
May 22, 2024	
June 12, 2024	June 20, 2024
June 26, 2024	Community BBQ/new member speech
July 10, 2024	July 18, 2024
July 24, 2024	
August 14, 2024	none due to Food gathering season
September 11, 2024	September 19, 2024
September 25, 2024	
October 9, 2024	October 17, 2024
October 23, 2024	
November 13, 2024	November 21, 2024
November 27, 2024	
December 11, 2024	none due to holidays
January 8, 2025	January 16, 2025
January 22, 2025	
February 12, 2025	February 20, 2025
February 26, 2025	
March 12, 2025	March 20, 2025
March 26, 2025	

Coldwater Indian Band Offices will be closed for Christmas Holiday on the following days:

- December 24, 2024 – Christmas Eve
- December 25, 2024 – Christmas Day
- December 26, 2024 – Boxing Day
- December 31, 2024 – 12:00 p.m. – 4:30 p.m.
- January 1, 2025 – New Years Day





Coldwater Membership,

ʔéx k^w ḥ (Hello), ʔe tk siłáqt (Good day)

təx ^w tx ^wew sikn (tukh-tx-wow-sheek-n)

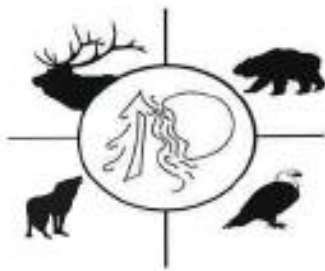
Happy Christmas to all

**Happy Holidays
& Best Wishes for 2024**

**Wishing you and your family all the gifts of
the holiday season, with peace , health and
happiness for the year ahead.**

K^wuk^wscémx^w (thank you),

Coldwater Chief & Council



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Chief and Council (Executive Assistant), Finance, Social Development

Merry Christmas
Have A Safe & Happy
New Year
Val Collins
S. Schick
IRA.



Ho
Ho
Ho
Be Merry
Be Joy
Peace
Carol
Charters

Seasons Greetings
to Judge Alpin

Merry Christmas
2024

**MERRY CHRISTMAS AND HAPPY NEW YEAR FROM THE COLDWATER
INDIAN BAND ADMINISTRATION AND STAFF**

All the best in
2025
Stephanie Cochrane
Education

from Alpin
pub works

[Handwritten signature]

Merry Christmas
& Happy New Year
Vivian

MERRY CHRISTMAS
ANI RAINVILLE
RECEPTION ST

Tanya Stewart
Merry Xmas!

Have an
awesome
season

[Handwritten signature]

Merry Christmas
& Happy New Year
DONALD

August
Exec. Assist

Merry Christmas
[Handwritten signature]

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COLDWATER INDIAN BAND

Invites youth ages 4 and up to spend holiday together for an overnight

Pajama Party Sleepover



FRIDAY,

20 DECEMBER 2024

STARTS WITH DINNER AT 6PM

**COLDWATER SCHOOL
GYMNASIUM**

Movies, games, and crafts!



Bring your
blanket and
pillows!

★ To **register youth** please call Val Collins
vcollins@coldwaterband.org
or Cynthia Jager cynthia@coldwaterband.org
250-378-6174 ext 107

Coldwater Band Upcoming Activities



Christmas CRAFT NIGHT

**11
DEC**

**COME MAKE SOME
CHRISTMAS CRAFTS WITH
US!**

**6:00
PM**

Coldwater Band Hall
More info call Cari: 250 280 2934

Made with PosterMyWall.com

In memory of The Late
Fabian "Fab's" Spahan
8th Memorial

BOXING DAY FISHING DERBY
December 26th, 2024 @ Harmon Lake

Registration is Free & Opens 8am, Fishing Closes At 3pm
Come And Enjoy Chillii, Hotdogs, Chips & Hot Chocolate
Prizes To Be Won for All Ages!

For more information contact: *Jessie Aljam @ 250-280-0334*
Kindly Sponsored By: *Coldwater Social Development & Coldwater Transition House*

Coldwater Prenatal and Postnatal 0-1 year
@ Coldwater Health Building
Meal provided with beverages
Any food allergies please contact
250-315-9535- Angela community health nurse
Drop in classes
Nov 6 4:30 to 6PM – Pizza and apple crisp
Dec 9 4:30 to 6PM
Jan 6 4:30- 6PM
Feb 10 4:30 -6 PM
March 3 4:30 -6PM
April 7 4:30 – 6 PM
May 5 4:30 – 6 PM
June 2nd 4:30- 6PM
Canadian Prenatal Nutrition Program (CPNP)
Gift cards provided monthly

Weekly Activities	Location	Day of the Week	Times
Youth Drop-in	Coldwater Health Building	Tuesday	Afterschool
Men's Group	Coldwater Health Building	Bi-Weekly Wednesday	6-8pm
Women's Group	Coldwater Health Building	Tuesday* (See calendar attached)	5:30-8pm



CHRISTMAS CRAFT FAIR

DECEMBER 12TH, 2024
2:00 PM - 8:00 PM



NVIT MERRITT CAMPUS
4155 Belshaw Street
Merritt, BC V1K 1R1

ADMISSION IS FREE
EVERYONE IS WELCOME!



Nlaka'pamux Health
Invites You to Join Us For

Wildlights

AT THE WILDLIFE PARK

December 19th, 2024
4:00 PM - 8:00 PM

- Priority entrance gate admission
- Professional family photos
- Private meeting room for participants
- Miniature train ride pass
- Snacks and refreshments



Scan to register

For more information contact:
Joel Raphael, Wellness Coordinator
Email: raphael.j@nlxfn.com Phone: 778-254-7407



Dedicated to servicing:

Ashcroft, Coldwater, Cooks Ferry, Kanaka Bar, Lower Nicola, Lytton,
Nicomen, Nooaitch, Oregon Jack Creek, Shackan, Siska, and Skuppah



NLAKA'PAMUX HEALTH SERVICES SOCIETY

SAVE THE DATE

FEBRUARY
1st, 2025

CULTURAL WELLNESS DAY
OPEN TO ALL NLAKA'PAMUX MEMBERS

WELLNESS ACTIVITIES | CULTURAL ACTIVITIES | TRADITIONAL MEDICINES |
MASSAGE | PRESENTATIONS

HOSTED AT THE ASHCROFT H.U.B.
MORE DETAILS TO FOLLOW



Phone: 250-378-9772

Email: mhreception@nlxfn.com Website: www.nlxhealth.com

Mailing Address:

P.O. Box 1624 Merritt B.C., V1K1B8

CALL OUT FOR CATERING

Catering bids are now being accepted by Nlaka'pamux Health Services Society for our upcoming Cultural Wellness Day hosted at the Ashcroft H.U.B.

Event Date: February 1st, 2025

- Seeking a bid for a lunch, desert, and beverages for 100 community members
- Meal to be served promptly at 12:00 PM
- Caterer to ensure that at least (1) or (2) of its crew hold a VALID FoodSafe Certificate
- Caterer is responsible for set-up/clean up before and after the event.
- Caterer will be responsible for full organization of the entire meal preparation (shopping, serving, recruiting helpers, clean up, and other duties as needed)
- 50% of bid may be advanced to the successful applicant to assist in preparation.
- Lowest bid may/may not be considered.
- Menu must include food items for special dietary needs (diabetic, gluten-free, etc.)

Deadline for bids: December 20th , 2024



Submit bids to:
Joel Raphael, Wellness Coordinator
email: RAPHAEL.J@NLXFN.COM
work cell: 778-254-7407

Mailing Address: P.O. Box 1624 Merritt B.C., V1K1B8

Proudly servicing:

Ashcroft, Coldwater, Cooks Ferry, Kanaka Bar, Lower Nicola, Lytton, Nicomen, Nooaitch, Oregon Jack Creek, Shackan, Siska, and Skuppah

CALL OUT FOR CRAFT FACILITATORS

Nlaka'pamux Health Services Society is currently seeking craft facilitators
for our upcoming Cultural Wellness Day

Event Date: February 1st, 2025 at the Ashcroft H.U.B.



We are currently seeking:

Drum Making Facilitator
Beading Project Facilitator
Traditional Medicine Instructor
Painting Class Instructor
Ribbon Sweaters Instructor
Needle Basket Weaving Instructor

Honorarium and travel cost provided



Please forward your information to:
Joel Raphael, Wellness Coordinator
email: RAPHAEL.J@NLXFN.COM
work cell: 778-254-7407

Mailing Address: P.O. Box 1624 Merritt B.C., V1K1B8

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Conayt Friendship Society



Helping Others

Conayt

SOUP KITCHEN

EVERY THURSDAY at
2164 QUILCHENA AVENUE
MERRITT, BC V1K 1B8

11:30AM - 12:30PM



<https://www.conayt.com>



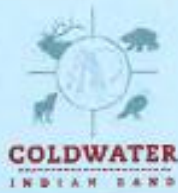
reception@conayt.com



(250) 378 - 5107

CFS Elders **December** 2024 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Santa Breakfast @ Civic Centre 10-12 Kids Shop @ELKS 1-6 pm	2 BAKING For Market 9 – 12 pm	3 CFS Elders Winter Market 10-2pm Conoyt Members Mtg 6pm RSVP for dinner	4	5	6 	7 Civic Centre Market 9:30-3pm ELKS Market 2-8 pm
8	9 Program Room Closed PREP/SHOP	10 CFS Elders X-mas Party & \$15 Gift Exchange 11:30-2pm	11 Conoyt Members Christmas Party 4 – 7pm NVIT	12 NVIT Market 2-8 pm	13	14
15	16 Pack Hampers 9 – 12 pm	17 CFS ELDER Members Hamper Distribution	18 	19 	20 Conoyt Office closed at 12pm Re opens Jan 6th	21
22	23 	24	25	26	27	28
29	30	31	<i>Wishing you all a safe, happy, relaxing holiday!</i>			
Funded by the Government of Canada's New Horizons for Seniors Program				Conoyt Friendship Society Elder's 55+ 2164 Quilchena Ave Merritt, BC V1K 1B8 Ph: 250-378-5107 For more information, contact Amanda Lamothé, CFS Elders Coordinator		
						



Coldwater Women's Group December 2024

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2 	3 Women's Group Health Building 5:30-8pm Sharing Circle Indian Bingo Dinner	4	5	6	7
8 Coldwater Community Dinner 	9	10 Coldwater Elders Luncheon  NO WOMENS GROUP 😞	11	12	13	14
15	16	17	18	19	20 Women's Group Shopping West Kelowna Leave Band Office 8:30am	21 
22	23	24 Christmas Holidays	25 Merry Christmas Ladies! 	26	27	28
29	30	31 Happy New Year!				

BYLAW COMMITTEE MEMBERS NEEDED FOR NEW TRESPASS BYLAW



Trespass Committee members

- Would be available to meet in the evenings
- Would be ok with being recorded.
- Would have the Coldwater community interests at heart.

The meeting date is to be determined. If you are interested on joining the committee. Please call Kris Oppenheim at the Band office to apply.

Phone# 250 378-6174

Email: kristopher@coldwaterband.org



COLDWATER INDIAN BAND
PO Box 4600 Merritt, BC V1K1B8
(250)378-6174 | kristopher@coldwaterband.org | coldwaterband.com

WILLS



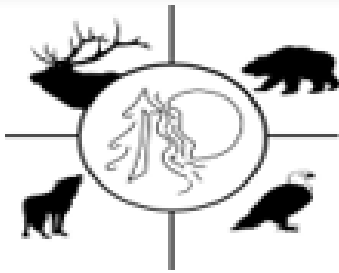
I AM KRISTOPHER OPPENHEIM. I AM THE LANDS, WILLS, & ESTATES ADMINISTRATOR FOR THE COLDWATER INDIAN BAND.

IF ANYONE IS LOOKING TO DO THEIR WILLS. I CAN GIVE YOU A TEMPLATE OR YOU CAN COME IN AND FILL ONE OUT. IT IS BETTER TO HAVE ONE THEN NOT TO HAVE ONE. THIS WILL HELP YOU SAY WHO GETS WHAT AND HAPPENS AFTER YOUR GONE. IF YOU HAVE ANY QUESTIONS, YOU CAN GET A HOLD OF ME AT THE COLDWATER BAND OFFICE IN TOWN.

Call Band Office at (250) 378 - 6174



WHEN YOU HAVE EVERYTHING IN ORDER, YOU HAVE THE SAY ON WHAT HAPPENS TO YOUR ASSETS. NO ONE ELSE CAN TAKE YOUR POSSESSIONS!



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ANY HIGHSCHOOL STUDENTS OR COMMUNITY MEMBERS

*Believe in yourself
Be Amazing Today
Anything is Possible
Never Give Up!*



**YOU HAVE
OPTIONS**

WHO ARE THINKING ABOUT ATTENDING POST SECONDARY SCHOOLS or
TRAINING INSTITUTES FOR THE 2025-2026 ACADEMIC SCHOOL YEAR
SHOULD BE STARTING THE PROCESS OF APPLYING TO SCHOOLS AND
GETTING YOUR APPLICATIONS IN. THE DEADLINE FOR ALL
APPLICATIONS IS APRIL 2025.

PLEASE COME IN TO SEE STEPHANIE AT THE BAND OFFICE OR EMAIL
HER AT Stephanie@Coldwaterband.org

to get the process started.

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December 2024

There are some major changes coming through with staff change over for Coldwater Indian Band. So, many things may slow to a crawl, and I hope don't fall off the table, but continue to completion. By the time you read this I will officially be retired from my position as Economic Development Officer. I have not seen a posting to refill the position, but there would need to be some major shifts for this position to be successful and get projects done for the membership.

There are many opportunities in gardening at a larger scale, contracting opportunities for highway repair and construction at Gateway 286.

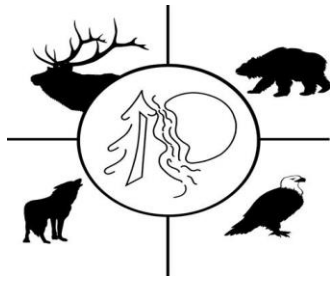
Some things that Coldwater Indian Band membership need to be considering and enquiring about are:

- The Nicola Native Lodge building- When is this completed, who is participating, what is the Application process, is it wheelchair accessible, does it have elevator, can our members apply?
- Can the Elders in our Community rent out homes as a room & board situation, as the cost of living is high. Are the Elders' homes accessible?

Lots of construction jobs get delayed due to snow. Harsh weather conditions make harsh working conditions. Job sites become slippery, and workers are soaked to the bone. Get ready for this, as we are entering a season of many delays and workers getting sick and cold. When you're staying home and not getting paid, that is a chain reaction for preparing for the Christmas season. So, to all be safe and show up to work tomorrow or so to say on Monday.

This will be my final write-up as Economic Development Officer, I wish you all well in your future.

Harold Aljam



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Chief and Council (Executive Assistant),

Finance, Social Development

December 2, 2024

Greeting Community Members,

This is my 2023-2024 Education Coordinator report to you.

I started this position in January of 2024. Since my start I have become very familiar with the procedures and policies in the Education Department, I have to thank Laura Antoine and Finance for their help in learning the steps in helping students.

From the start of the academic year in 2023 to 2024, we had 16 students in the Post-Secondary Support Program. Of those students, we had 5 students successfully graduate with certificates and diplomas. We had 2 students withdraw from their programs. We had 9 students continue to receive funding in the 2024 academic year,

In the K-12 Students we had Coldwater School members, 2 Collettville school students, 25 Merritt Senior Secondary students, 17 Merritt Central school students, and a large number of Off-Reserve members listed.

We provided support for graduate expenses and graduate Incentives. In June 2024 we hosted our Education Celebration Dinner to honor and congratulate our students.

A majority of my time in the office is spent on Student support and Student advocacy. I attended meetings at the School District 58, Coldwater Indian Band Board of Education and First Nations Education Steering Committee tables.

My 2024-2025 Goal is to increase the amount of Post-Secondary students and graduates, and to find exciting new ways to provide financial relief to all students. The demand for changes in the post-secondary policy is also on my desk to complete in the 2024-2025 Calendar year.

If you have any questions, concerns or need support please do not hesitate to contact me at (250) 378-6174 or by email at Stephanie@coldwaterband.org

Respectfully,

Stephanie Archie

Education Coordinator

Coldwater West Route Trans Mountain Update | November 2024

Update on RoW Restoration and Schedule

Trans Mountain has completed all right-of-way (RoW) cleanup within the Coldwater West Route. This area was our last work scope for machine and final cleanup and reclamation, and it went very well with signs that grasses are already emerging.

Environmental Inspectors will continue to monitor RoW conditions and will respond with an Emergency Response Crew if erosion or sediment control issues are observed.

Riparian and RoW tree planting occurred during September and October 2024, infill planting will be required in spring of 2025.

Status of Restoration | Paul's Basin

Lower Nicola Site Services (LNSS) is onsite completing general remedial work and addressing remedial tasks such as maintenance and re-seeding.

Restoration of Paul's Basin Road is scheduled to be completed in spring 2025.

Scope of work:

- LNSS to remove gravel.
- A matting contractor will remove all matting along the road under supervision of an archaeologist.
- LNSS will finish removing geo fabric and replace any fencing and complete other commitments for road restoration.

Questions?

Coldwater members can contact **Dale August** at daugust@coldwaterband.org / 250-378-6174 (ext. 100) if you have any questions. Dale can relay the message to the appropriate person at Trans Mountain.



250-258-0577

Coldwater Security on Weekends

The driver's name is SEAN

Coldwater Band has security patrolling in the evenings. They will be driving a neon green Lower Nicola vehicle. Should you need to contact them or if you become aware of any suspicious activity, **please do not hesitate to call them.**

Conservation Officer contact number – 1-877-952-7277

Make sure to leave a detailed description of what you are calling about, as listed below, if it pertains to what you are reporting. You will have to listen to the message and follow the prompts. There is a voicemail at the end of the prompts to state what you are reporting, leave your contact details, etc.

Emergencies- 911 (accidents, criminal activities, vehicles speeding, etc.)

When reporting to 911, to create files with the RCMP please make sure you indicate the following:

1. What you are reporting or have witnessed.
2. Where you witnessed.
3. Date and time you witnessed.
4. Leave a contact number that you can be reached at in case they need to contact you.
5. When calling for an ambulance, state clearly to 911 the house number, street address or road name and clearly that you are located on COLDWATER INDIAN BAND

Bear Sightings

Please call the
Conservation officer at:
1-877-952-7277
Press 1

If you observe dangerous wildlife in an urban area involved in any of the following, please report the incident:

- Accessing garbage or other human supplied food sources.
- Instances where wildlife cannot be easily scared off.
- Dangerous wildlife is in a public location like a park or school during daylight hours.
- When a bear, cougar or wolf is seen in a urban area.

The more sightings reported, then they are able to do something about the animals.

When Do Conservation Officers Respond?

Conservation Officers respond to conflicts with dangerous wildlife where there is a risk to public safety.

Examples of these situations include responding to attacks, bears breaking into buildings, repeated dangerous wildlife encounters at or near public locations, and situations where dangerous wildlife has become habituated (no longer afraid of humans) or food conditioned (dependent upon human provided foods) and now present a risk to public safety.

Contacting the Police for emergency/non-emergency calls

Emergency phone number

(for immediate police attendance)

9-1-1

Merritt detachment phone number

250-378-4262

Monday to Friday 8:30-4:30 will ring to the Merritt detachment dispatch. After 4:30 p.m. and on weekends, you have the option of leaving a voice message or connecting to an operator.

The operator will be able to contact an on-duty member via radio.

Crime Stoppers for anonymous TIPS

1-800-222-8477

Crime Stoppers will take several days to get to a member so do not use for immediate action.

Merritt detachment online reporting

[Online Crime Reporting | Merritt RCMP \(rcmp-grc.gc.ca\)](https://rcmp-grc.gc.ca)

Can also be accessed by the city of Merritt website page under Merritt RCMP online reporting

This is meant to provide citizens with the convenience to report certain crimes online while freeing call takers and frontline staff to focus on the higher priority calls, which improves overall safety and response times in the city.

It is important to know that **not all crime can be reported** via the online process.

Citizens will be able to report the following crimes online:

- Damage/mischief to property under \$5,000
- Damage/mischief to a vehicle under \$5,000
- Hit and run to an unoccupied vehicle or property
- Theft of bicycle under \$5,000
- Theft under \$5,000
- Theft from vehicle under \$5,000
- Lost property

Incidents **must also satisfy** the following conditions to report via the online process:

- No witnesses or suspects.
- Item(s) lost or stolen must cost less than \$5,000
- Vandalized property or vehicle will cost less than \$5,000 to repair.

There are no items involving personal identity, firearms, licence plates or decals.