

# COLDWATER INDIAN BAND

## NEWSLETTER

APRIL 2025



### Chief

Lee Spahan

### Kristopher Oppenheim

Interim Band Administrator

### Ron Aljam

Public Works/Fire Chief

### Dale August

Executive Assistant

### Cynthia Jager

Social Services Coordinator

### Velma Collins

Social Services Clerk

Indian Register Administrator

### Vacant

Finance Coordinator

### Vivian Steinhauer

Finance Officer

### Faye Aljam

Finance Clerk

### Donald Kraus

Housing Coordinator/Taxation

### Stephanie Archie

Education Coordinator

### Kristopher Oppenheim

Lands, Wills and Estates

### Vacant

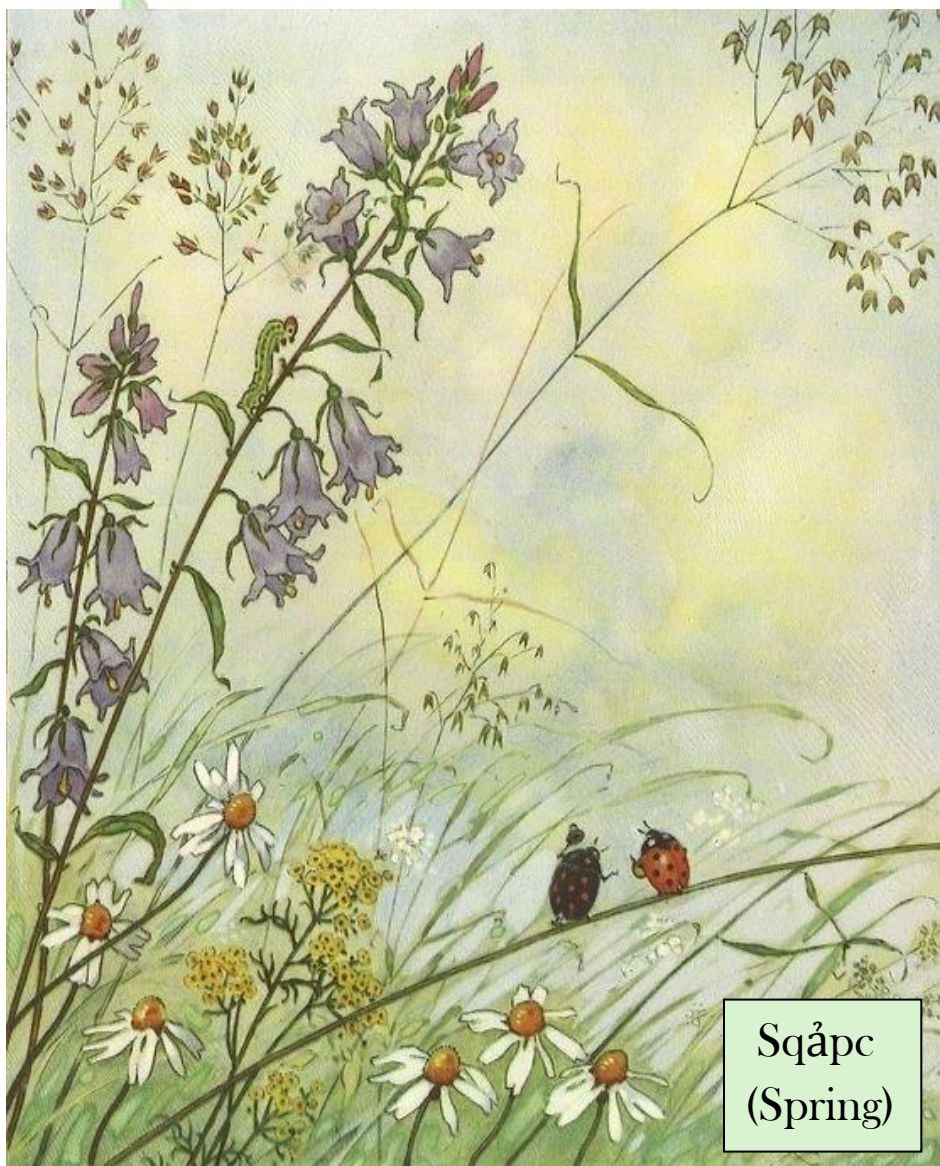
Economic Development Coordinator

### Vacant

Receptionist

### Jennifer Andrew | Crystal Andrew

Adults in Home Care



Sqâpc  
(Spring)

P.O. Box 4600, Merritt, B.C., V1K 1B8

### Coldwater Band Office

2249 Quilchena Avenue, Merritt BC

Phone: (250)-378-6174

Fax: (250) 378-5351

Toll Free: 1-877-378-6174

### Coldwater Administration Office

#301-230<sup>th</sup> Street Coldwater Reserve

Phone: (250) -378-6174

Fax: (250)-378-6153

### MISSION STATEMENT

To enhance and sustain our quality of life through wellness and culture and to utilize and preserve all our resources for now and future generations.

Coldwater Indian Band  
**Hybrid General Band Meeting (GBM)**

**Coldwater Band Hall**

**April 17, 2025**  
**Meeting #15-2024/25**  
**5:30 p.m.** doors open at 5:00 p.m.

**Agenda**

- 1. 5:30 p.m. Opening Prayer and dinner**
- 2. 6:30 p.m. Council Updates 10-minute limit per update**
  - a. Vice Chief Cheryl Rule
  - b. Councilor Carol Smith
  - c. Chief T. Lee Spahan
- 3. 7:00 p.m. – Topics of Discussion Limit of 10-minutes per topic**
  - a. Staff Updates
    - i. Kristopher Oppenheim, Lands, Wills & Estates Administrator
    - ii. Donald Kraus, Housing/Taxation
  - b. Acceptance of General Band Meeting Minutes
    - i. March 20, 2025

**Motion #01-15-2024/25**

Moved by Coldwater Indian Band membership to accept the March 20, 2025 General Band Meeting minutes as submitted or with the recommended amendments.

**Moved by:**

All in favor with \_\_\_ abstention

**Second by:**

Motion Adopted

- 4. 7:30 p.m. Presenters Limit of 15 min. for presenters and 15 min. for Q & A**
  - a. Calling Our Spirit Home Committee
  - b. Nicola Watershed Planning Initiative – Emel Trent
- 5. Open Floor Discussions (Be mindful of the Rules of Engagement)**

The Custom Election Policy is available at both offices for member who would like to review before the elections in November. If you would like a copy emailed to you please call either Ani or Dale at 250-378-6174.

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**Microsoft Teams** [Need help?](#)

**[Join the meeting now](#)**

Meeting ID: 296 042 110 044

Passcode: jA72iK6c

**This a now reoccurring meeting  
This will always be the link to  
join**



# Coldwater Indian Band

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Chief and Council (Executive Assistant), Finance, Social  
Development

February 28, 2025

Coldwater Membership,

You are invited to meet and greet Cheryl Rule, Vice Chief:

Date: 1<sup>st</sup> Monday of Every Month

Place: Elders Room, Coldwater Health Centre

Time: 1:00 pm – 3:00 pm

I look forward to meeting with you to have meaningful dialog. This Meet and Greet was requested by the community members, so they have an opportunity to voice their issues relating to the Band.

Thank you: k<sup>w</sup>uk<sup>w</sup>scéyp,

See you soon - goodbye: Húm'el (pronounce: hom ath),

Cheryl Rule, Vice Chief Coldwater Band

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## Chief's Report for February, 2025.

Feb 3<sup>rd</sup>, in office, met with Cst Derek Versteeg and had a very brief discussion with him about traffic on Coldwater road. Also had a brief phone call with Jessica Urqhart of Tribal Council Fisheries Department of an upcoming Fisheries meeting. Reviewed emails.

Feb 4<sup>th</sup>, in office, had a virtual meeting about contract of Purchase Call meeting with Frances Ankenman of Ratcliff, Jenniffer Kightley Realtor, Dale and Cheryl and myself, discussed : Motion for Woodlots, Agriculture Land Reserve(ALR), Woodlot Transfers, The land owner preferred that the Woodlots sell with the land sales, and access roads.

Feb 5<sup>th</sup>, in office, met with Rcmp again, doing there routine check in, reviewed my emails.

Feb 6<sup>th</sup>, in office, reviewed emails.

Feb 7<sup>th</sup>, took day off in lieu of Feb 8<sup>th</sup> meeting for Enbridge.

Feb 8<sup>th</sup>, I attended the Special Band meeting on Enbridge, discussed : Non derogation, 46 Nations having discussions, non-recourse financing, low risk investment, utility investment, equity investors, non board membership recommended, one share each per nation, 230-\$240K/year possibly, absolute minimum of \$150K and closing date possibly 3 months.

Feb 10<sup>th</sup>, in office, reviewed a fisheries document that was by First Nations Wild Salmon Alliance in regards to fish farms and regulations. Had another meeting re Gwen Lake Lots Purchase, discussed : Agriculture Land Reserve(ALR) and any changes ? will there be support from Province and or other Bands ? Woodlots – Land ? and decision making process.

Feb 11<sup>th</sup>, in office, I was invited to sit in on a meeting called the Skagit Governance Committee meeting, discussed : rules of engagement, review minutes from Feb 2024, and Dec 4 2024 meetings, Terms of Reference for Governance Committee, membership list, Technical Working Group(TWG), Alternates, Fullsum review of all Options, Mandate ? Authority ? Constraints ? Traditional Principles and Values, and Sensitive Named Places. Travel to Chilliwack for Chief's meetings.

Feb 12<sup>th</sup>, attended the Union of British Columbia Indian Chefs(UBCIC) meeting at Shxw'ha:y Village Community Cultural Centre, discussed: Coastal Water Protectors/ BC Metis Federation, On Reserve Policing Services, UNDRIP, Advancing specific Claims -

## Chief's Report for February, 2025.

Indian Land question, Specific Claims Process, AFN Advocacy on Specific Claims: Background - National Action Plan, AFN Proposal Development, and Jurisdictional Authority.

Feb 13<sup>th</sup>, attended the second day Union of British Columbia Indian Chiefs(UBCIC) meetings, discussed : Testing Water Quality on First Nations Reserves, slide deck presentation. Modernizing British Columbia Timber Sales(BCTS) – mandate letter 5 of 8, Social and Cultural Values, BCTS is Excluded from enforcement, The First Nations Public Service Research Project: Updates and Timelines, Johan Casey(FNPSS), slide deck Presentation. Travel home after meetings.

Feb 14<sup>th</sup>, in office, reviewed emails and documents.

Feb 17<sup>th</sup>, Family Day.

Feb 18<sup>th</sup>, I attended the First Nations Fisheries Council meetings, morning half discussions was with Department of Fisheries and Oceans(DFO) in attendance with the group, afternoon discussions was Tier 2 with first Nations only in the room, lots of discussion and frustration around topics of information that DFO didn't share with us First nations and the upcoming Fishing Season.

Feb 19<sup>th</sup>, Day two of attending the First Nations Fisheries Council(FNFC) meeting, discussed : United Nations Declaration Act(UNDA), Action Plan Measure 36 and Modernizing the Policy for the Management of Indigenous Fishing, slide deck presentation, presentation overview, The Unda Action Plan Guides DFO's Fisheries Policy Work, Action Plan Measure 36 is a Broad and Ongoing Commitment, Collaborative Strategy, Co-Management, Food Security, Food Sovereignty, Allocation, and Constitution.

Feb 20<sup>th</sup>, in office, I attended the Funding Model to Support First nations Jurisdiction Over Children and Family Services meeting, discussed: Holly Ward did a presentation on Indigenous Agreements Branch – Co-development mean ? collaborative Approach, Indigenous Governing Bodies, Co-ordination Agreements, Sharing Approach, Shared Ideas, Province deals with off Reserve, Funding Models – each funding model has a difficult structure, with different benefits and drawbacks.

Feb 21<sup>st</sup>, in office, review emails.

Feb 24<sup>th</sup>, in office in the morning, in the afternoon travel to Richmond for First Nations Forestry Council meetings.

Feb 25<sup>th</sup>, I attended the First Nations Forestry Council meeting in Richmond, discussed : opening remarks by Regional Chief Terry Teegee of the British Columbia Assembly of First Nations(BCAFN), New Provincial Forestry Minister Ravi Parmar, Softwood Lumber Duties,

Chief's Report for February, 2025.

Declaration Rights of Indigenous Peoples Act(DRIPA), Partnership in Economic Growth, Economic Situations, Healthy Ecosystems, Be Creative, Align Our Interests, and Old Growth.

Feb 26<sup>th</sup>, day two of First Nations Forestry Council meetings, discussed; Opening remarks and recap of day 1, British Columbia Timber Sales(BCTS) Review, Working Together to Evolve BC Timber Sales – provide opportunity for input, strengthening the social contract and public interest, and enhancing stewardship. In the afternoon I attended the British Columbia Assembly of First Nations (BCAFN) meetings, discussed: opening remarks, Board of Directors, Creation of the Canada Water Agency Analysis of the Agency Governance and Mandate and Options for moving Forward, Concept under Development : Convention on Water Governance First Nations have consistently called on other levels of government.

Feb 27<sup>th</sup>, I attended a KenTem meeting via zoom, discussed: Auditor 3 – Year Service Agreement RFP, Governance Discussion, Community and Business Development Manager, Environmental Department Updates, Environmental Services Manager – Reclamation Services Lead, travel back home

Feb 28<sup>th</sup>, in office, attended via zoom the Indigenous Data Governance meeting, discussed : introductions, Valuation Workshops, question raised about funding ? Data Security ? Needs Assessment Tool, Strategic Plan, Establishing Our Laws, Raising Awareness, Nation Building Aspect, Data Sharing Agreements, Needs assessment, Data Capacity, Dimensions of Data Capacity, Digital Infrastructure – Build Your Own Data Centre Engagement, and Governance and Service Planning.

# First Health Solutions

Professional Support for Health Organizations

## Counsellors Available!

Trauma, Stress, Anxiety, Relationships  
In-person, and Virtual Appointments.



**Neil Burrows, RSW** has been working with indigenous groups across Canada since 1990, providing professional training, critical incident debriefing, trauma counselling and program consultation.

Much of Neil's work centres on Lateral Violence and working with groups to overcome the colonial impacts on their workplace health.

Neil completed his studies at Lakehead University (ON) and the University of Victoria (BC) and currently resides in Williams Lake, BC. He will be providing services in-person, and virtually.

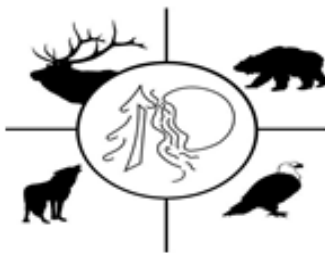
### **Carolyn Charleyboy, M.Ed., RCC**



A member of the Tsilhqot'in Nation (T-sidedel / Redstone) with 6 years of post-graduate counselling experience, Carolyn will be available for Zoom / Phone sessions. Carolyn is trained and certified in Indigenous Focusing Oriented Therapy (IFOT), as well as Cognitive Behavioural Therapy (CBT) and Equine-Assisted Learning (EAL), she is available to work with youth and adults. Carolyn completed her education at the University of British Columbia (UBC), as well as the University of Northern British Columbia (UNBC), and currently resides in Williams Lake, BC.

In-Person Appointments will be once per month at the Access Center, CW Reserve.  
Virtual Appointments can be booked throughout the month on Phone / Zoom.

Call / Text (250) 615-6863 to book directly, or get assistance through your Social Services Department, 250-378-6174 for Cynthia or Val.



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Chief and Council (Executive Assistant), Finance, Social Development, Education

ANY HIGHSCHOOL STUDENTS OR COMMUNITY MEMBERS

*Believe in yourself  
Be Amazing Today  
Anything is Possible  
Never Give Up*



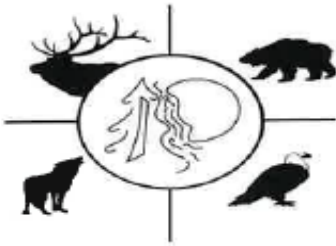
**YOU HAVE  
OPTIONS**

WHO ARE THINKING ABOUT ATTENDING POST SECONDARY SCHOOLS or TRAINING INSTITUTES FOR THE 2025-2026 ACADEMIC SCHOOL YEAR SHOULD BE STARTING THE PROCESS OF APPLYING TO SCHOOLS AND GETTING YOUR APPLICATIONS IN. THE DEADLINE FOR ALL APPLICATIONS IS APRIL 2025.

PLEASE COME IN TO SEE STEPHANIE AT THE BAND OFFICE OR EMAIL HER AT [Stephanie@Coldwaterband.org](mailto:Stephanie@Coldwaterband.org) to get the process started.

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MARCH 3, 2025

GREETINGS MEMBERS,

**HERE IS A FEW REMINDERS FOR THE ACADEMIC 2024-2025 YEAR END:**

IF YOU HAVE A GRADE 12 STUDENT WHO IS SCHEDULED TO GRADUATE IN JUNE 2025, PLEASE REACH OUT FOR GRADUATE EXPENSE SUPPORTS. IF YOUR STUDENT IS ATTENDING MSS AND CLC- I ALREADY HAVE THEIR EXPENSES BEING BILLED DIRECTLY TO ME FROM THE SCHOOL.

IF YOU ARE A POST-SECONDARY STUDENT WHO IS SCHEDULED TO GRADUATE THIS YEAR, PLEASE REACH OUT TO ME FOR SUPPORTS FOR GRADUATE FEES- NVIT STUDENTS ARE BEING DIRECTLY BILLED TO ME.

**IF YOU PLAN TO ATTEND POST-SECONDARY FOR THE 2025-2026 ACADEMIC YEAR STARTING IN MAY 2025 ONWARDS:**

THIS IS YOUR REMINDER THAT APPLICATION FORMS ARE DUE

APRIL 30, 2025

APPROVALS SHOULD COME SHORTLY AFTER.

**THIS INCLUDES CONTINUING STUDENTS**

IF YOU HAVE ANY OTHER QUESTIONS OR CONCERNS, PLEASE DO NOT HESITATE TO REACH OUT TO ME BY PHONE (250)378-6174 OR EMAIL AT [STEPHANIE@COLDWATERBAND.ORG](mailto:STEPHANIE@COLDWATERBAND.ORG)

Respectfully,

Stephanie Archie  
Education Coordinator

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## Receptionist Job Posting

The Nc̓łetk̓w̓u Coldwater Indian Band is currently recruiting for a full-time Receptionist. The Receptionist is responsible for providing the reception for the Coldwater Indian Band Office and clerical, administrative, and secretarial support to the Band Administrator and Administration staff. The Receptionist performs all duties and responsibilities in accordance with the Nc̓łetk̓w̓u Coldwater Indian Band Job Description, Policies, standards, and procedures and as directed by the Band Administrator.

### General Requirements, Qualifications and Experience:

- Maintains confidentiality on all matters relating to the affairs of the Coldwater Indian Band
- Receives, screens, and directs all incoming telephone calls
- Welcomes and directs visiting members, clients, and guests
- Receives and records incoming mail and processes outgoing mail (Canada Post, Purolator, facsimiles, etc.)
- Provides clerical support to the Band Administrator and Administration staff
- Maintains and replenishes inventory of copiers, office supplies/materials, coffee/tea/kitchen
- Maintains and organizes the reception area, including replenishing brochures and other band materials
- Maintains a database of office suppliers and remains current on pricing
- Arranges for servicing and repair of the office equipment
- Assists with the Community newsletter and the updating of the Website
- Receives payments and issues receipts, as assigned, as well as recording incoming cheques for the Finance Department
- Creates and maintains security of files and other confidential information
- Technologically competent and willing to learn

### Education and Qualifications/Qualities:

- Prefer Business Office Assistant Certificate or equivalent
- Or 2 to 3 years of related experience (reception/general office assistant/secretarial)
- Experience with Microsoft Office, Internet applications, and the use of general office equipment; excellent typing skills
- Always maintain a high level of confidentiality and ethics
- Exceptional integrity and professionalism
- Excellent interpersonal and people management skills
- Excellent oral and written communication skills
- Excellent office and filing skills
- Prefer related experience working in a First Nations Organization
- Excellent team-building skills, as well as being capable of working with minimal supervision
- Knowledge and familiarity with Nc̓łetk̓w̓u Coldwater Band Members and the Nc̓łetk̓w̓u Coldwater Community/Strong Cultural Sensitivity and understanding
- Working knowledge of standard office equipment
- Valid driver's License and reliable vehicle
- Satisfactory Criminal Records Check and Bondable

**Salary Range:** Minimum Pay \$21.00. Commensurate with experience and qualifications.

**Position:** 7 Hours per day, Monday-Friday, benefits package, a probationary period of 6 months, and performance evaluation.

Please submit a detailed cover letter and resume explaining how you meet the job posting requirements.

*This job posting will be posted internally until March 26, 2025.*

*External posts will commence from March 27, 2025, to April 11, 2025, deadline.*

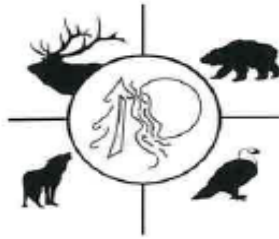
*Applications will be accepted until 4:00 pm on April 11, 2025.*

*Attention: Coldwater Human Resources Committee*

*Email: kristopher@coldwaterband.org*

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## FINANCE MANAGER JOB POSTING

Nc̓̓letkw̓̓ Coldwater Indian Band requires the service of a Finance Manager. The Finance Manager will report to and be under the supervision of the Band Administrator. This position is responsible for the day-to-day management of the financial administration of the Nc̓̓letkw̓̓ Coldwater Indian Band, including management, reporting, and control of financial investments and assets. All decisions and actions must meet the policies, legislations, and procedures of the Nc̓̓letkw̓̓ Coldwater Indian Band, including the Financial Law and other Laws endorsed by the Nc̓̓letkw̓̓ Coldwater Council. The Finance Manager will oversee all the payroll, accounts receivable, accounts payable, and other staff supporting the department. This will ensure the day-to-day operations are current and updated. The successful candidate will promote the growth and renewal of the Nc̓̓letkw̓̓ Coldwater Indian Band finance department. The finance manager will oversee the finances of the Programs and Services, including Land, Wills & Estates, Public Works, Education, Coldwater School, Transition House, Coldwater Fire Hall, Social Development, Economic Development, and Financial Investments, Business Entities and Assets.

### General Requirements, Qualifications and Experience:

- Prefer Post-Secondary Degree in a relevant field such as Business Administration, Financial Administration, or equivalent combination of education and experience working for a First Nations organization or working towards an accounting designation
- Experience in all related areas of Accounting (A/P, A/R, payroll, financial management, budgeting, and financial reporting)
- Experience in the development of Accounting Policies and Procedures
- Ability to organize, prioritize, and manage workload
- Strong supervisory skills
- Knowledge of N̓̓eʔep̓̓mx and Nc̓̓letkw̓̓ Coldwater Community
- Good working knowledge of Xyntax, a financial operation system
- Exceptional integrity and professionalism
- Ability to consistently demonstrate tact, discretion, and sound judgment
- Able to work independently/with minimal supervision
- Demonstrated knowledge of related Government Regulations
- Knowledge of Financial Administration Laws (First Nations Financial Management Board)
- Satisfactory Criminal Records Check
- Valid Driver's License and reliable vehicle
- Prepare monthly financial statements and submit them to the Financial Administration Review Committee and Council for review and discussion.
- Prepare draft annual budgets with amendments and all its entities
- Administer and manage the chart accounts and all entities
- Ensure the financial administration systems, policies, and procedures comply with Financial Administration Law
- Administer and supervise all maintenance of the financial system and records per the annual audit

**Salary Range:** Minimum Pay \$32.60. Commensurate with experience and qualifications.

**Position:** Full-time, benefits package, a probationary period of 6 months, and performance evaluation.

Please submit a detailed cover letter and resume explaining how you meet the job posting requirements.

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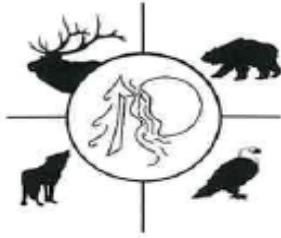
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*Attention: Coldwater Human Resources Committee*

*Email: kristopher@coldwaterband.org*

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C'̓̓letkw̓̓mx is committed to enhancing the quality of life of Scw'̓̓exmx through empowering programs and serves that meet their needs, as well as sustainably managing our resources, in accordance with our C'̓̓letkw̓̓mx values



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## SOCIAL DEVELOPMENT COORDINATOR JOB POSTING

The Social Services Coordinator is responsible for planning, budgeting, funding, developing, delivering, community communication, and administering the Nc̓̓letk̓̓w̓̓ Coldwater Indian Band Social Development Programs and Services.

### Area of Responsibilities:

- Develops, coordinates, and administers, in consultation with the Band Administrator and Community Members, a Social Development Program Plan for the Community
- Consult with the Band Administration staff, Band Administrator, Chief & Council, and Nc̓̓letk̓̓w̓̓ Coldwater Community Members to identify and analyze social and health concerns and needs and to jointly plan and implement intervention strategies
- Coordinates and facilitates group and individual meetings with Nc̓̓letk̓̓w̓̓ Coldwater Community Members to understand their needs for Social Development Programs and Services
- Supervises, coaches, and evaluates the performance of employees in the Social Development department
- Developments in consultation with the Finance Coordinator & the Band Administrator annual operating budget
- Develops, secures, and administers all financial and program funds and records
- Prepares and submits required reporting to INAC and other funding agencies and organizations
- Liaises with Community Health resources in support of the Nc̓̓letk̓̓w̓̓ Coldwater Community Membership, including Scw'exmx Community Health Services Society and Scw'exmx Child & Family Services Society, and monitors the services provided to Membership

### Qualifications & Skills:

- Bachelor's degree in social work or equivalent
- Post-secondary courses and/or formal Training in Substance Abuse/Alcohol, Drug Counselling, Community Health, Family Violence, Human Resources, Budgeting, Critical Incident Management and Conflict Resolution, an asset
- 1-2 years of supervisory and program management experience
- Experience in the development of funding proposals
- Demonstrated experience in fiscal management
- Preferred related experience in First Nations Organization
- Knowledge and understanding of government policy and regulations governing Social Services
- Excellent communication, organization, and problem-solving skills
- Ability to always maintain a high level of confidentiality and ethics
- Proficiency in the use of computers and Internet applications
- Satisfactory Criminal Record Check and Bondable
- Valid driver's license and reliable vehicle

**Salary Range:** Minimum Pay \$30.00. Commensurate with experience and qualifications.

**Position:** 7 Hours per day, Monday-Friday, benefits package, a probationary period of 6 months, and performance evaluation.

Please submit a detailed cover letter and resume explaining how you meet the job posting requirements.

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*External posts will commence from March 27, 2025, to April 11, 2025, deadline.*

*Applications will be accepted until 4:00 pm on April 11, 2025.*

*Attention: Coldwater Human Resources Committee*

Email: kristopher@coldwaterband.org

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# Stuwix Resources Joint Venture

2 - 98 Hwy 8, Merritt, B.C. V1K 0A7 Phone: (250) 378-2277

## CAREER OPPORTUNITY

### Silviculture Manager

Stuwix Resources Joint Venture is a well-established fiber management and marketing company that is owned by 8 First Nations Communities with its office located in Merritt, British Columbia. Stuwix ensures our local First Nations stewardship principles & values are incorporated in forest management at all levels of our operations.

Commencing immediately, we are looking to fill a Silviculture Manager position. This position is expected to manage and oversee the company's silviculture program both in the field and in the office.

### Descriptions & Duties

Duties of this position include but may not be limited to:

- Develop and execute silviculture plans
- Site prep
- Planting program
- Conduct field assessments
- Contractor management
- Compliance with safety, certification & regulations
- Use of Phoenix, RESULTS, and other software
- Prepare budgets and reports
- Assist with other work as required

### Preferred Characteristics and Prerequisites

- Genuine respect and understanding of First Nations culture and values
- Minimum 5 years' experience in silviculture and reforestation
- RPF or RFT designation, or in the process of achieving
- Valid BC Driver's License
- Experience working with First Nations communities and incorporating cultural principles & values in forestry
- Demonstrate ability to work independently as well as in a team environment
- Strong verbal and written communication skills
- Organizational and time management skills
- Conditioned to work in an outdoor environment with limited supervision
- Strong computer skills –Microsoft Office, iOS, and familiarity with forest management databases

### Compensation

- Salary is commensurate on individuals' ability, skills, and experience
- Stuwix Resources Joint Venture offers a comprehensive benefits package
- Stuwix believes in a healthy work life balance
- Closing date for applications is April 18, 2025

Forward resume and cover letter to Lindsay Tighe, General Manager

Email: [admin@stuwix.com](mailto:admin@stuwix.com)

Mailing Address: 2-98 Highway 8, Merritt, BC. V1K 0A7



## TEMPORARY APPLICATION FORM



The NNL housing applications are available at either of the band offices and at the Scw'exmx Tribal office.

Contact the Executive Director Vaughn Sunday at 250-378-4235 or by email [director@scwexmxtribal.org](mailto:director@scwexmxtribal.org) for more information.

You can drop off your applications at the Scw'exmx Tribal office.

2090 Coutlee Ave, Merritt, BC V1K 1B8

## Project Description

The Nicola Native Lodge will open in the spring of 2025. It is comprised of the following:

20 – Studio Units

20 – Single Bedroom Units

6 – Two Bedroom Units

6 – Three Bedroom Units

**6 of the units are fully accessible and 36 Units are adaptable**

## Eligibility

- Priority will be given to members of the Nicola Five First Nations
  - Upper Nicola Band
  - Lower Nicola Indian Band
  - Coldwater Indian Band
  - Nooaitch Indian Band
  - Shackan Indian Band
- First Nation applicants from other Bands wanting to apply to the Nicola Native Lodge must indicate what Band/First Nation they are from along with a copy of their status card

It is understood that the online applications through BC Housing will be available at a later date and the information collected now will then be transferred.

The Nicola Native Lodge Society is working on a pet policy, and it is anticipated that the NNL facility will be smoke free.

C'ELETKWMX (COLDWATER PEOPLE)

**CALLING OUR  
SPIRITS HOME**

**Community Dinner &  
Presentation**

**Thursday, April 17th, 2025  
5:30 p.m.-Dinner Served  
6:00 p.m.-Presentation  
6:30 p.m.-Band General Agenda  
Coldwater Band Hall**

The Planning Committee invites you to come out to share a meal & learn about the Calling our Spirits Home event that will be happening May 22-25! We will have some excellent DOOR PRIZES!!!

If you have any questions, please contact  
Cynthia Jager, Social Development Services  
250-378-6174





**C'ELETKWMX (COLDWATER PEOPLE)**

**SAVE THE DATE!**

**CALLING OUR SPIRITS HOME**

**Ceremony**

**May 22-25, 2025**

Tentative Agenda:

Thursday, May 22, 2025

- Tk'emlups te Secwepemc-Ceremony
- Walk/Run to Trapp Lake
- Dinner - Quilchena Hotel

Friday, May 23, 2025

- Walk/Run - Trapp Lake to Quilchena Church
- Dinner - Quilchena Hotel

Saturday, May 24, 2025

- Walk/Run/Canoe - Quilchena Church to Merritt
- Dinner - Location TBD

Sunday, May 25, 2025

- Walk/Run - Merritt to Coldwater
- Ceremony at Fire - Health Centre
- Community Feast - Coldwater School

**IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT  
CYNTHIA JAGER, SOCIAL DEVELOPMENT SERVICES  
250-378-6174**



# Conayt

## SOUP KITCHEN



EVERY THURSDAY at  
2164 QUILCHENA AVENUE  
MERRITT, BC V1K 1B8

**11:30AM - 12:30PM**



<https://www.conayt.com>



[reception@conayt.com](mailto:reception@conayt.com)



(250) 378 - 5107





# Coldwater Indian Band

PO Box 4600, Merritt, B.C., V1K 1B8

2249 Quilchena Avenue, Merritt, BC

Phone: (250) 378-6174

Fax: (250) 378-5351

Band Administrator, Public Works, Lands Wills &  
Estates, Housing, Economic Development, Education

#301-230th Street Coldwater Reserve

Phone: (250) 378-6174

Fax: (250) 378-6153

Chief and Council (Executive Assistant), Finance, Social  
Development

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Coldwater Indian Band & First Nations Emergency Services Society (FNESS) is inviting you to a 2-day Emergency Operating Center (EOC) training at

**Location:** Coldwater Band Hall

**Date:** April 12-13, 2025

**Time:** 9 a.m. – 3 p.m.

Snacks and lunch provided

Register with Executive Assistant Dale August,

[daugust@coldwaterband.org](mailto:daugust@coldwaterband.org)

or call 250-378-6174 Ext. 100

by April 7, 2025 at 4:30 p.m.

All are welcome to a minimum of 10 people to learn emergency management.

**Honoraria** provided to full-time participants.

If you prefer a weekday workshop let me know of preferred dates.

#### MISSION STATEMENT

C'eletkwmx is committed to enhancing the quality of life of Scw'exmx through empowering programs and serves that meet their needs, as well as sustainably managing our resources, in accordance with our C'eletkwmx values



# REGIONAL HEALTH SURVEY (RHS4)

Share your voice and receive a \$25 gift card for participating!



Adults who complete the survey to be entered in a monthly draw for \$100 Visa Gift Card!

## What is the RHS4?

The Regional Health Survey (RHS) is a national health survey led by First Nations Information Centre (FNIGC) and the FNHA is coordinating and facilitating the survey in BC. It is a comprehensive health and wellness survey that is based on both Indigenous and western understandings of health that collects information from participants living in First Nation Communities.

Ways to take the RHS4



ONLINE



OVER THE PHONE



IN-PERSON

Interested in participating? email [RHS4@fnha.ca](mailto:RHS4@fnha.ca) or call our toll-free line at 1-833-633-3642 press #3 and #3 or text 1-250-617-6085 to connect to our Knowledge Gatherers

*Please Note: All Nations members residing in community may participate in the survey*



# REGIONAL HEALTH SURVEY (RHS4)

Youth

You could win a Nintendo Switch!



## What is the RHS4?

Scan the QR code below with your phone to watch RHS4 video on YouTube



## Your voice matters!

The Regional Health Survey (RHS) is a national health survey led by First Nations Information Centre (FNIGC) and the FNHA is coordinating and facilitating the survey in BC. It is a comprehensive health and wellness survey that is based on both Indigenous and western understandings of health that collects information from participants living in First Nation Communities.

### All Youth participants who complete the survey in will receive:

- \$25 gift card on completion of survey
- Automatic entry into a grand prize draw, with a top prize of a Nintendo Switch and second or third prize of a Nintendo Switch Lite

Interested in participating? email [RHS4@fnha.ca](mailto:RHS4@fnha.ca) or call our toll-free line at 1-833-633-3642 press #3 and #3 or text 1-250-617-6085 to connect to our Knowledge Gatherers

*Please Note: All Nations members residing in community may participate in the survey*

# Regional Health Survey Phase 4: Frequently Asked Questions (FAQs)

*"The idea is for us to gather data that is meaningful to us. Not just data for data's sake, but data that speaks to us and enables us to take firm action"*

**Q: WHAT IS THE REGIONAL HEALTH SURVEY**

**A:** The Regional Health Survey (RHS) is a national health survey conducted by and for First Nations. The survey addresses a comprehensive range of health status, wellness and health determinant measures for First Nations people living in community and is broken down into three parts: adult, youth and child. In BC, the First Nations Health Authority (FNHA) is responsible for gathering and sharing the knowledge for the survey. The First Nations Information Governance Centre is the national coordinating organization for this survey.

**Q: WHY SHOULD I TAKE PART IN THIS SURVEY?**

**A:** Your participation is voluntary, but important. This survey gathers information that will directly support First Nations communities and the FNHA in developing health and wellness programs and policies to improve the well-being of BC First Nations people. The data collected from this survey will guide decision-making that reflects the needs of First Nations communities.

**Q: WHAT IS DIFFERENT ABOUT PHASE 4 OF THE RHS?**

**A:** Three phases of the RHS have been conducted with First Nations in BC: Phase 1 in 2002-2003, Phase 2 in 2008-2010 and Phase 3 in 2015-2017. For Phase 4, all BC First Nations communities will be invited to participate. This will be the largest amount of data ever collected on the health and wellness of First Nations people in our province. We have also made some changes due to COVID-19, and communities and participants can now choose to take the survey over the Internet, by phone, or in person, if your community requests it. Communities with poor internet or phone connectivity will receive priority.

**Q: HOW WAS I CHOSEN TO TAKE PART IN THE SURVEY?**

**A:** If you live in a community with more than 80 people, your name was randomly selected from your band or community membership list. This means that your name was chosen by chance, which ensures that the people chosen to take part are representative of the entire population.

If you live in a community with fewer than 80 members, you and all other members of your community have been invited to participate.

**Q: WHAT KIND OF QUESTIONS WILL I BE ASKED?**

**A:** The survey contains questions about health and well-being. It was developed holistically by First Nations people to make sure that the questions are relevant to life in your community. The survey contains three separate questionnaires: one for children (up to age 11), one for youth (age 12 to 17) and one for adults (age 18 and older). Topics will include: access to traditional foods, participation in cultural activities, senior's wellness, First Nations languages, housing conditions, diabetes, long-term injury, health services, physical activity, oral health and community wellness, among others.

The RHS questionnaires are comprehensive and include sensitive and personal questions. If any of the survey questions upset you, the data collector can share a list of community support services with you.

**Q: HOW LONG WITH THE SURVEY TAKE?**

**A:** The child survey will take about 30 to 45 minutes to complete. The youth survey will take about 45 minutes to one hour. The adult survey may take between one and 1.5 hours.

**Q: CAN I STOP AND RESTART THE SURVEY?**

**A:** Yes, you can stop the survey and come back to it later

**Q: CAN I WITHDRAW MY CONSENT AT ANY TIME?**

**A:** Your involvement is voluntary. You can stop the interview or withdraw from the survey at any time.

**Q: CAN I REFUSE TO ANSWER OR SKIP CERTAIN QUESTIONS?**

**A:** Yes, you can skip any questions that you do not want to answer.

**Q: WHAT SHOULD I DO IF I EXPERIENCE TECHNICAL DIFFICULTIES?**

**A:** Please call our phone line at 1-833-633-3642 and we can help you with any technical difficulties you are experiencing. Our hotline is open from 10 a.m. to 5 p.m. Monday to Friday, and not operational weekends or any statutory holidays.

**Q: CAN I TAKE THE SURVEY OVER THE PHONE INSTEAD OF ONLINE?**

**A:** Yes. Phone interviews can be scheduled by calling our team at 1-833-633-3642. Phone lines are open Monday to Friday from 10 a.m. to 5 p.m.

**Q: I AM AN ADULT AND HAVE BEEN CONTACTED FOR A CHILD SURVEY. SHOULD I FILL IT OUT?**

**A:** Yes. Parents and caregivers of children are contacted to fill in the child survey on the child's behalf.

**Q: WHAT HAPPENS TO THE INFORMATION I PROVIDE?**

**A:** The FNHA is partnering with the First Nations Information Governance Centre, a non-profit First Nations organization, to deliver the survey. Once you have completed the survey, the information you have provided will be sent directly to FNHA servers. This information is kept completely confidential. The results from the survey are owned by communities, but stewarded by the FNHA and FNIGC

**Q: HOW WILL MY INFORMATION BE PROTECTED?**

**A:** Everyone involved in FNHA surveys, including the data collectors, must sign confidentiality agreements to protect your privacy. No one in the community will be able to access anyone's survey. Personal information, including names and addresses, is kept separate from survey answers. Information gathered from the survey is kept strictly confidential and will be protected by the FNHA.

**Q: WILL MY NAME APPEAR IN ANY OF THE REPORTS?**

**A:** No individual data will be released in any report or publication. Information collected in these health surveys will only be published as "grouped results" and there will be no information that could identify you.

**Q: WHO ELSE IS PARTICIPATING IN THE SURVEY?**

**A:** All First Nations communities in BC will be invited to participate in the survey. First Nations communities across Canada will also be participating.

**Q: WILL I RECEIVE ANYTHING FOR TAKING PART IN THE SURVEY?**

**A:** Each survey participant will receive a \$25 gift card. The organizations supported by the gift cards will be chosen by each community, with the opportunity to support local businesses.

Contact the RHS team at: [RHS4@fnha.ca](mailto:RHS4@fnha.ca) or call our toll-free line at: 1-833-633-3642  
For more information, visit our web page [HERE](#).

Construction related to the Trans Mountain Expansion Project is now substantially complete in your region.

This is the final Socio-Economic Monitoring Report for the BC Interior Region, as mechanical completion and pipeline final cleanup have been completed in this area.

View the full report for this region, along with past reports, at [transmountain.com/socio-economic-reports](https://transmountain.com/socio-economic-reports).

The final Socio-Economic Effects Monitoring Report for the entire Expansion Project is also available. [View here.](#)



Three-Month Total of Worker Days On-Site in Reporting Period



Anticipated Worker Days On-Site in the Next Reporting Period



N/A - Pipeline final clean up contractor demobilized. End of reporting.

### Worker Accommodation Nights





## Worker Health and Medical Services

Number of Times Sent to Local Health Care Facility



Use of Ambulance or Other Public Emergency Transport



## Vehicles

Vehicles Parked in Staging Area\*  
(Daily Average)

8

\* Personal vehicles.  
Vehicle numbers based on average of mid- and end-of-month counts.



Workers Transported from Staging Area to Job Site  
(Daily Average)

0



## Construction Inquiries and Topics\*

Trans Mountain is committed to addressing any complaints related to operations and construction.

Total number for this Quarter



Environmental Concern



**Kamloops resident concern about weeds on property.**

Trans Mountain follows up on community concerns related to construction environmental issues. Environmental mitigation measures are outlined in Project Environmental Protection Plans and resource-specific mitigation tables.

\* Socio-economic topics related to community impacts only. Data in this report is reflective of activities specific to active construction of the Trans Mountain Expansion Project. Data does not reflect Trans Mountain's ongoing operations and maintenance or inquiries related to future construction activities.

† Inquiries from same individual/investor on same topic are considered same inquiry. May be multiple inquiries on similar theme.

HEALTH AND SAFETY IS A SHARED RESPONSIBILITY.

[transmountain.com](http://transmountain.com) | [info@transmountain.com](mailto:info@transmountain.com) | 1.866.514.6700



Construction related to the Trans Mountain Expansion Project is now substantially complete in your region.

This is the final Socio-Economic Monitoring Report for the Coquihalla Hope Region, as mechanical completion and pipeline final cleanup have been completed in this area.

View the full report for this region, along with past reports, at [transmountain.com/socio-economic-reports](https://transmountain.com/socio-economic-reports).

The final Socio-Economic Effects Monitoring Report for the entire Expansion Project is also available. [View here.](#)



Anticipated Worker Days On-Site in the Next Reporting Period



N/A - Pipeline final cleanup contractor demobilized. End of reporting.

### Worker Accommodation Nights





## Worker Health and Medical Services

Number of Times Sent to Local Health Care Facility



Use of Ambulance or Other Public Emergency Transport



## Vehicles

Vehicles Parked in Staging Area\*  
(Daily Average)

118



\* Personal vehicles. Vehicle numbers based on average of mid- and end-of-month counts.

Workers Transported from Staging Area to Job Site  
(Daily Average)

118



## Construction Inquiries and Topics\*

Trans Mountain is committed to addressing any complaints related to operations and construction.

Total number for this Quarter



Sensory Disturbances



**Hope resident concern about light and noise from a yard beside their home.**

Trans Mountain works to ensure compliance with bylaws and requirements. In this instance, Trans Mountain worked with the contractor to adjust the direction of the lights. Additionally, Trans Mountain communicated that the lease on the Hope yard is expiring and has no plans to renew.

\* Socio-economic topics related to community impacts only. Data in this report is reflective of activities specific to active construction of the Trans Mountain Expansion Project. Data does not reflect Trans Mountain's ongoing operations and maintenance or inquiries related to future construction activities.

† Inquiries from same individual/household on same topic are considered same inquiry. May be multiple inquiries on similar theme.

HEALTH AND SAFETY IS A SHARED RESPONSIBILITY.

[transmountain.com](http://transmountain.com) | [info@transmountain.com](mailto:info@transmountain.com) | 1.866.514.6700



TRANSMOUNTAIN

# BYLAW COMMITTEE MEMBERS NEEDED FOR NEW TRESPASS BYLAW



## Trespass Committee members

- Would be available to meet in the evenings
- Would be ok with being recorded.
- Would have the Coldwater community interests at heart.

**The meeting date is to be determined. If you are interested on joining the committee. Please call Kris Oppenheim at the Band office to apply.**

Phone# 250 378-6174

Email: [kristopher@coldwaterband.org](mailto:kristopher@coldwaterband.org)



**COLDWATER INDIAN BAND**

PO Box 4600 Merritt, BC V1K1B8

(250)378-6174 | [kristopher@coldwaterband.org](mailto:kristopher@coldwaterband.org) | [coldwaterband.com](http://coldwaterband.com)

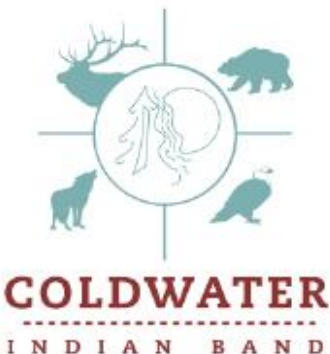
# WILLS



**I AM KRISTOPHER OPPENHEIM. I AM THE LANDS, WILLS, & ESTATES ADMINISTRATOR FOR THE COLDWATER INDIAN BAND.**

**IF ANYONE IS LOOKING TO DO THEIR WILLS. I CAN GIVE YOU A TEMPLATE OR YOU CAN COME IN AND FILL ONE OUT. IT IS BETTER TO HAVE ONE THEN NOT TO HAVE ONE. THIS WILL HELP YOU SAY WHO GETS WHAT AND HAPPENS AFTER YOUR GONE. IF YOU HAVE ANY QUESTIONS, YOU CAN GET A HOLD OF ME AT THE COLDWATER BAND OFFICE IN TOWN.**

**Call Band Office at (250) 378 - 6174**



**WHEN YOU HAVE EVERYTHING IN ORDER, YOU HAVE THE SAY ON WHAT HAPPENS TO YOUR ASSETS. NO ONE ELSE CAN TAKE YOUR POSSESSIONS!**



# 250-258-0577

Coldwater Security on Weekends

The driver's name is SEAN

Coldwater Band has security patrolling in the evenings. They will be driving a neon green Lower Nicola vehicle. Should you need to contact them or if you become aware of any suspicious activity, **please do not hesitate to call them.**

## **Conservation Officer contact number – 1-877-952-7277**

Make sure to leave a detailed description of what you are calling about, as listed below, if it pertains to what you are reporting. You will have to listen to the message and follow the prompts. There is a voicemail at the end of the prompts to state what you are reporting, leave your contact details, etc.

### **Emergencies- 911 (accidents, criminal activities, vehicles speeding, etc.)**

When reporting to 911, to create files with the RCMP please make sure you indicate the following:

1. What you are reporting or have witnessed.
2. Where you witnessed.
3. Date and time you witnessed.
4. Leave a contact number that you can be reached at, in case they need to contact you.
5. When calling for an ambulance, state clearly to 911 the house number, street address or road name and clearly that you are located on COLDWATER INDIAN BAND

# Bear Sightings

Please call the  
Conservation officer at:  
1-877-952-7277

Press 1

If you observe dangerous wildlife in an urban area involved in any of the following, please report the incident:

- Accessing garbage or other human supplied food sources.
- Instances where wildlife cannot be easily scared off.
- Dangerous wildlife is in a public location like a park or school during daylight hours.
- When a bear, cougar or wolf is seen in a urban area.

The more sightings reported, then they are able to do something about the animals.

## When Do Conservation Officers Respond?

Conservation Officers respond to conflicts with dangerous wildlife where there is a risk to public safety.

Examples of these situations include responding to attacks, bears breaking into buildings, repeated dangerous wildlife encounters at or near public locations, and situations where dangerous wildlife has become habituated (no longer afraid of humans) or food conditioned (dependent upon human provided foods) and now present a risk to public safety.

## **Contacting the Police for emergency/non-emergency calls**

### **Emergency phone number**

(for immediate police attendance)

**9-1-1**

### **Merritt detachment phone number**

**250-378-4262**

Monday to Friday 8:30-4:30 will ring to the Merritt detachment dispatch.

After 4:30 p.m. and on weekends, you have the option of leaving a voice message or connecting to an operator.

The operator will be able to contact an on-duty member via radio.

### **Crime Stoppers for anonymous TIPS**

**1-800-222-8477**

Crime Stoppers will take several days to get to a member so do not use for immediate action.

### **Merritt detachment online reporting**

[Online Crime Reporting | Merritt RCMP \(rcmp-grc.gc.ca\)](https://rcmp-grc.gc.ca)

Can also be accessed by the city of Merritt website page under Merritt RCMP online reporting

This is meant to provide citizens with the convenience to report certain crimes online while freeing call takers and frontline staff to focus on the higher priority calls, which improves overall safety and response times in the city.

It is important to know that **not all crime can be reported** via the online process.

Citizens will be able to report the following crimes online:

- Damage/mischief to property under \$5,000
- Damage/mischief to a vehicle under \$5,000
- Hit and run to an unoccupied vehicle or property
- Theft of bicycle under \$5,000
- Theft under \$5,000
- Theft from vehicle under \$5,000
- Lost property

Incidents **must also satisfy** the following conditions to report via the online process:

- No witnesses or suspects.
- Item(s) lost or stolen must cost less than \$5,000
- Vandalized property or vehicle will cost less than \$5,000 to repair.

There are no items involving personal identity, firearms, licence plates or decals.